

CERTIFICATE

OF PARTICIPATION

This is to certify that

Craig Shokane

Has successfully participated & completed the

48km SA Run 4 Cancer Ultra Marathon 2019

held at Polokwane Rugby Fields.

TIME 04:47:48

PACE 05:58/km

GENDER 133 of

366

OVERALL 149 of 421

SENIOR (20- 80 of 182

39)

26 October 2019, Sat Date

Signature